

1. Uitslag 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 29 Jelle Schaap | HB1 | 9 | I | 11.26 | PR | |
| 2 | 31 Menno Schaap | HN1 | 9 | O | 11.29 | | |
| 3 | 40 Claretta Caravita | DN3 | 10 | O | 11.81 | | |
| 4 | 35 Job Zandberg | HC2 | 8 | O | 12.58 | PR | |
| 5 | 30 Dennis Schaap | HC1 | 6 | O | 12.60 | PR | |
| 6 | 25 Thomas van der Vaart | HC2 | 6 | I | 12.67 | PR | |
| 7 | 39 Matthe Pronk | HC1 | 7 | I | 12.72 | | |
| 8 | 41 Thijs van Tol | HB1 | 7 | O | 12.75 | | |
| 9 | 27 Esmée Brommer | DC1 | 8 | I | 12.91 | | |
| 10 | 15 Maartje Redder | DPA | 5 | I | 13.34 | PR | |
| 11 | 26 Romy Brommer | DB2 | 10 | I | 13.39 | | |
| 12 | 9 Jari Roozing | HC1 | 3 | I | 13.71 | PR | |
| 13 | 33 Sterre Kuijs | DPA | 3 | O | 13.72 | PR | |
| 14 | 14 Jurre Redder | HPC | 4 | O | 13.90 | | |
| 15 | 28 Jasper Stam | HPC | 5 | O | 14.22 | | |
| 16 | 38 Donna Pronk | DPA | 4 | I | 14.61 | | |
| 17 | 6 Rens Groot | HPD | 2 | I | 14.69 | | |
| 18 | 34 Iris Kuijs | DC1 | 2 | O | 15.08 | | |
| 19 | 37 Lucas Pronk | HPC | 1 | O | 15.61 | PR | |
| 20 | 16 Femke Van der Fluit | DPD | 1 | I | 16.83 | | |

1. Rituitslag 100 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-------------------------------|-------|--------|--------------------|-------|--------------|------|
| 1 | wt | 16 Femke Van der Fluit | | | DPD | 16.53 | 16.83 | |
| | rd | 37 Lucas Pronk | | | HPC | 15.72 | 15.61 | PR |
| | | <u>Femke Van der Fluit</u> | | | <u>Lucas Pronk</u> | | | |
| | | 100m | 16.83 | (16.8) | 100m | 15.61 | (15.6) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|----------------------|-------|--------|-------------------|-------|--------------|------|
| 2 | gl | 6 Rens Groot | | | HPD | 14.62 | 14.69 | |
| | bl | 34 Iris Kuijs | | | DC1 | 14.59 | 15.08 | |
| | | <u>Rens Groot</u> | | | <u>Iris Kuijs</u> | | | |
| | | 100m | 14.69 | (14.6) | 100m | 15.08 | (15.0) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|------------------------|-------|--------|---------------------|-------|--------------|------|
| 3 | wt | 9 Jari Roozing | | | HC1 | 14.17 | 13.71 | PR |
| | rd | 33 Sterre Kuijs | | | DPA | 13.77 | 13.72 | PR |
| | | <u>Jari Roozing</u> | | | <u>Sterre Kuijs</u> | | | |
| | | 100m | 13.71 | (13.7) | 100m | 13.72 | (13.7) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|------------------------|-------|--------|---------------------|-------|--------------|------|
| 4 | gl | 38 Donna Pronk | | | DPA | 14.37 | 14.61 | |
| | bl | 14 Jurre Redder | | | HPC | 13.78 | 13.90 | |
| | | <u>Donna Pronk</u> | | | <u>Jurre Redder</u> | | | |
| | | 100m | 14.61 | (14.6) | 100m | 13.90 | (13.9) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|--------------------------|-------|--------|--------------------|-------|--------------|------|
| 5 | wt | 15 Maartje Redder | | | DPA | 13.35 | 13.34 | PR |
| | rd | 28 Jasper Stam | | | HPC | 13.43 | 14.22 | |
| | | <u>Maartje Redder</u> | | | <u>Jasper Stam</u> | | | |
| | | 100m | 13.34 | (13.3) | 100m | 14.22 | (14.2) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|--------------------------------|-----|-------|----------------------|------|
| 6 | gl | 25 Thomas van der Vaart | HC2 | 13.11 | 12.67 | PR |
| | bl | 30 Dennis Schaap | HC1 | 13.24 | 12.60 | PR |
| | | <u>Thomas van der Vaart</u> | | | <u>Dennis Schaap</u> | |
| | | 100m 12.67 (12.6) | | | 100m 12.60 (12.6) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------|-----|-------|----------------------|------|
| 7 | wt | 39 Matthe Pronk | HC1 | 12.56 | 12.72 | |
| | rd | 41 Thijs van Tol | HB1 | 12.52 | 12.75 | |
| | | <u>Matthe Pronk</u> | | | <u>Thijs van Tol</u> | |
| | | 100m 12.72 (12.7) | | | 100m 12.75 (12.7) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|-------------------------|-----|-------|---------------------|------|
| 8 | gl | 27 Esmée Brommer | DC1 | 12.71 | 12.91 | |
| | bl | 35 Job Zandberg | HC2 | 12.91 | 12.58 | PR |
| | | <u>Esmée Brommer</u> | | | <u>Job Zandberg</u> | |
| | | 100m 12.91 (12.9) | | | 100m 12.58 (12.5) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|------------------------|-----|-------|---------------------|------|
| 9 | wt | 29 Jelle Schaap | HB1 | 11.55 | 11.26 | PR |
| | rd | 31 Menno Schaap | HN1 | 11.07 | 11.29 | |
| | | <u>Jelle Schaap</u> | | | <u>Menno Schaap</u> | |
| | | 100m 11.26 (11.2) | | | 100m 11.29 (11.2) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|-------|--------------------------|------|
| 10 | gl | 26 Romy Brommer | DB2 | 12.50 | 13.39 | |
| | bl | 40 Claretta Caravita | DN3 | 11.59 | 11.81 | |
| | | <u>Romy Brommer</u> | | | <u>Claretta Caravita</u> | |
| | | 100m 13.39 (13.3) | | | 100m 11.81 (11.8) | |

2. Uitslag 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|---------|-------|--------|
| 1 | 11 Sebastiaan McKay | HSA | 30 | I | 41.53 | | |
| 2 | 29 Jelle Schaap | HB1 | 32 | I | 43.14 | | |
| 3 | 40 Claretta Caravita | DN3 | 29 | I | 43.40 | | |
| 4 | 31 Menno Schaap | HN1 | 31 | I | 43.43 | | |
| 5 | 42 Freek Smit | HB2 | 27 | O | 43.55 | | |
| 6 | 23 Rob Wartenhorst | H45 | 30 | O | 44.12 | | |
| 7 | 24 Richard Smit | H45 | 27 | I | 44.97 | PR | |
| 8 | 32 Femke Mossinkoff | DB2 | 24 | O | 45.75 | PR | |
| | 36 Sjouke Siersema | HSA | 31 | O | 45.75 | | |
| 10 | 39 Matthe Pronk | HC1 | 26 | O | 46.08 | PR | |
| 11 | 13 Jurre Numan | HB1 | 19 | I | 46.65 | | |
| 12 | 35 Job Zandberg | HC2 | 26 | I | 47.38 | | |
| 13 | 26 Romy Brommer | DB2 | 29 | O | 47.48 | | |
| 14 | 25 Thomas van der Vaart | HC2 | 25 | O | 47.49 | | |
| 15 | 41 Thijs van Tol | HB1 | 24 | I | 48.18 | | |
| 16 | 3 Bram Smit | HPA | 21 | O | 49.55 | | |
| 17 | 19 Bjorn Sneekes | HC2 | 23 | O | 49.77 | PR | |
| 18 | 30 Dennis Schaap | HC1 | 23 | I | 50.05 | | |
| 19 | 12 Cees Stoop | H70 | 28 | O | 50.47 | | |
| 20 | 22 Raoul Bruijn | HB1 | 21 | I | 50.51 | PR | |
| 21 | 2 Lisanne de Reus | DB2 | 25 | I | 50.82 | | |
| 22 | 44 Johan Jonker | H60 | 28 | I | 51.49 | | |
| 23 | 8 Ilse Donker | DA1 | 22 | I | 51.77 | PR | |
| 24 | 27 Esmée Brommer | DC1 | 22 | O | 51.89 | | |
| 25 | 7 Ilse Groot | DB1 | 17 | O | 52.55 | PR | |
| 26 | 33 Sterre Kuijs | DPA | 20 | O | 52.86 | | |
| 27 | 1 Myrthe de Reus | DPA | 18 | O | 53.05 | | |
| 28 | 4 Thion Glasbergen | HB2 | 20 | I | 54.47 | | |
| 29 | 15 Maartje Redder | DPA | 12 | I | 54.66 | HT PR | |
| 30 | 21 Karin Sneekes-Van Essen | D45 | 19 | O | 55.09 | | |
| 31 | 45 Nico Komen | H60 | 16 | I | 56.79 | | |
| 32 | 28 Jasper Stam | HPC | 16 | O | 56.85 | | |
| 33 | 38 Donna Pronk | DPA | 17 | I | 57.59 | | |
| 34 | 34 Iris Kuijs | DC1 | 18 | I | 57.63 | | |
| 35 | 9 Jari Roozing | HC1 | 14 | I | 58.44 | PR | |
| 36 | 14 Jurre Redder | HPC | 15 | O | 1:00.55 | | |
| 37 | 5 Nyles Glasbergen | HC2 | 13 | O | 1:02.54 | PR | |
| 38 | 43 Iris Wagenaar | DA1 | 14 | O | 1:04.14 | | |

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39 | 6 Rens Groot | HPD | 13 | I | 1:06.90 | PR | |
| 40 | 37 Lucas Pronk | HPC | 12 | O | 1:08.45 | PR | |
| 41 | 16 Femke Van der Fluit | DPD | 11 | I | 1:18.03 | PR | |
| | 10 Melissa de Reus | DN3 | 15 | I | DNF | | |
| | 20 Richtje Taal | D70 | 11 | O | DNS | | |

2. Rituitslag 500 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------------|---------|--------|---------------------|---------|----------------|------|
| 11 | wt | 16 Femke Van der Fluit | | | DPD | 1:20.49 | 1:18.03 | PR |
| | rd | 20 Richtje Taal | | | D70 | 1:06.75 | DNS | |
| | | <u>Femke Van der Fluit</u> | | | <u>Richtje Taal</u> | | | |
| | | 100m | 16.90 | (16.9) | | | | |
| | | 500m | 1:18.03 | (61.1) | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|-------|--------|--------------------|---------|----------------|-------|
| 12 | gl | 15 Maartje Redder | | | DPA | 1:17.37 | 54.66 | HT PR |
| | bl | 37 Lucas Pronk | | | HPC | 1:14.60 | 1:08.45 | PR |
| | | <u>Maartje Redder</u> | | | <u>Lucas Pronk</u> | | | |
| | | 100m | 13.72 | (13.7) | 100m | 15.57 | (15.5) | |
| | | 500m | 54.66 | (40.9) | 500m | 1:08.45 | (52.9) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------------|---------|--------|-------------------------|---------|----------------|------|
| 13 | wt | 6 Rens Groot | | | HPD | 1:07.31 | 1:06.90 | PR |
| | rd | 5 Nyles Glasbergen | | | HC2 | 1:04.58 | 1:02.54 | PR |
| | | <u>Rens Groot</u> | | | <u>Nyles Glasbergen</u> | | | |
| | | 100m | 15.03 | (15.0) | 100m | 15.07 | (15.0) | |
| | | 500m | 1:06.90 | (51.9) | 500m | 1:02.54 | (47.5) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------|--------|----------------------|---------|----------------|------|
| 14 | gl | 9 Jari Roozing | | | HC1 | 1:02.13 | 58.44 | PR |
| | bl | 43 Iris Wagenaar | | | DA1 | 1:01.99 | 1:04.14 | |
| | | <u>Jari Roozing</u> | | | <u>Iris Wagenaar</u> | | | |
| | | 100m | 14.10 | (14.1) | 100m | 16.56 | (16.5) | |
| | | 500m | 58.44 | (44.3) | 500m | 1:04.14 | (47.6) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------------|--|------|---------------------|--------|----------------|------|
| 15 | wt | 10 Melissa de Reus | | | DN3 | | DNF | |
| | rd | 14 Jurre Redder | | | HPC | | 1:00.55 | |
| | | <u>Melissa de Reus</u> | | | <u>Jurre Redder</u> | | | |
| | | | | 100m | 13.99 | (13.9) | | |
| | | | | 500m | 1:00.55 | (46.6) | | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-----------------------------------|-------|--------------------------------|-------|--------------|--------|
| 16 | gl | 45 Nico Komen | H60 | | 53.67 | 56.79 | |
| | bl | 28 Jasper Stam | HPC | | 56.79 | 56.85 | |
| | | Nico Komen | | Jasper Stam | | | |
| | | 100m | 14.92 | (14.9) | 100m | 14.12 | (14.1) |
| | | 500m | 56.79 | (41.8) | 500m | 56.85 | (42.7) |
| | | Naam | Cat | | PR | Tijd | Info |
| 17 | wt | 38 Donna Pronk | DPA | | 56.13 | 57.59 | |
| | rd | 7 Ilse Groot | DB1 | | 54.07 | 52.55 | PR |
| | | Donna Pronk | | Ilse Groot | | | |
| | | 100m | 14.56 | (14.5) | 100m | 13.84 | (13.8) |
| | | 500m | 57.59 | (43.0) | 500m | 52.55 | (38.7) |
| | | Naam | Cat | | PR | Tijd | Info |
| 18 | gl | 34 Iris Kuijs | DC1 | | 55.91 | 57.63 | |
| | bl | 1 Myrthe de Reus | DPA | | 52.11 | 53.05 | |
| | | Iris Kuijs | | Myrthe de Reus | | | |
| | | 100m | 14.79 | (14.7) | 100m | 13.39 | (13.3) |
| | | 500m | 57.63 | (42.9) | 500m | 53.05 | (39.7) |
| | | Naam | Cat | | PR | Tijd | Info |
| 19 | wt | 13 Jurre Numan | HB1 | | 45.48 | 46.65 | |
| | rd | 21 Karin Sneekes-Van Essen | D45 | | 53.14 | 55.09 | |
| | | Jurre Numan | | Karin Sneekes-Van Essen | | | |
| | | 100m | 12.62 | (12.6) | 100m | 14.94 | (14.9) |
| | | 500m | 46.65 | (34.0) | 500m | 55.09 | (40.1) |
| | | Naam | Cat | | PR | Tijd | Info |
| 20 | gl | 4 Thion Glasbergen | HB2 | | 54.17 | 54.47 | |
| | bl | 33 Sterre Kuijs | DPA | | 51.17 | 52.86 | |
| | | Thion Glasbergen | | Sterre Kuijs | | | |
| | | 100m | 14.03 | (14.0) | 100m | 14.19 | (14.1) |
| | | 500m | 54.47 | (40.4) | 500m | 52.86 | (38.7) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|------------------------|-------|------------------|-------|--------------|--------|
| 21 | wt | 22 Raoul Bruijn | HB1 | | 51.54 | 50.51 | PR |
| | rd | 3 Bram Smit | HPA | | 49.35 | 49.55 | |
| | | Raoul Bruijn | | Bram Smit | | | |
| | | 100m | 12.99 | (12.9) | 100m | 13.68 | (13.6) |
| | | 500m | 50.51 | (37.6) | 500m | 49.55 | (35.9) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|----------------------|-------|--------------|--------|
| 22 | gl | 8 Ilse Donker | DA1 | | 53.01 | 51.77 | PR |
| | bl | 27 Esmée Brommer | DC1 | | 49.43 | 51.89 | |
| | | Ilse Donker | | Esmée Brommer | | | |
| | | 100m | 13.16 | (13.1) | 100m | 13.44 | (13.4) |
| | | 500m | 51.77 | (38.6) | 500m | 51.89 | (38.4) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|----------------------|-------|--------------|--------|
| 23 | wt | 30 Dennis Schaap | HC1 | | 49.78 | 50.05 | |
| | rd | 19 Bjorn Sneekes | HC2 | | 50.98 | 49.77 | PR |
| | | Dennis Schaap | | Bjorn Sneekes | | | |
| | | 100m | 13.06 | (13.0) | 100m | 12.87 | (12.8) |
| | | 500m | 50.05 | (37.0) | 500m | 49.77 | (36.9) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------|-------|-------------------------|-------|--------------|--------|
| 24 | gl | 41 Thijs van Tol | HB1 | | 46.68 | 48.18 | |
| | bl | 32 Femke Mossinkoff | DB2 | | 45.98 | 45.75 | PR |
| | | Thijs van Tol | | Femke Mossinkoff | | | |
| | | 100m | 12.77 | (12.7) | 100m | 12.49 | (12.4) |
| | | 500m | 48.18 | (35.4) | 500m | 45.75 | (33.3) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|--------------------------------|-------|-----------------------------|-------|--------------|--------|
| 25 | wt | 2 Lisanne de Reus | DB2 | | 49.37 | 50.82 | |
| | rd | 25 Thomas van der Vaart | HC2 | | 47.19 | 47.49 | |
| | | Lisanne de Reus | | Thomas van der Vaart | | | |
| | | 100m | 13.18 | (13.1) | 100m | 12.89 | (12.8) |
| | | 500m | 50.82 | (37.7) | 500m | 47.49 | (34.6) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|------------------------|--------------|------|
| 26 | gl | 35 Job Zandberg | HC2 | 47.36 | 47.38 | |
| | bl | 39 Matthe Pronk | HC1 | 46.57 | 46.08 | PR |
| | | Job Zandberg | | Matthe Pronk | | |
| | | 100m 12.49 (12.4) | | 100m 12.75 (12.7) | | |
| | | 500m 47.38 (34.9) | | 500m 46.08 (33.3) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 27 | wt | 24 Richard Smit | H45 | 45.65 | 44.97 | PR |
| | rd | 42 Freek Smit | HB2 | 43.23 | 43.55 | |
| | | Richard Smit | | Freek Smit | | |
| | | 100m 12.59 (12.5) | | 100m 11.89 (11.8) | | |
| | | 500m 44.97 (32.4) | | 500m 43.55 (31.7) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 28 | gl | 44 Johan Jonker | H60 | 46.35 | 51.49 | |
| | bl | 12 Cees Stoop | H70 | 44.95 | 50.47 | |
| | | Johan Jonker | | Cees Stoop | | |
| | | 100m 13.79 (13.7) | | 100m 13.59 (13.5) | | |
| | | 500m 51.49 (37.7) | | 500m 50.47 (36.9) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 29 | wt | 40 Claretta Caravita | DN3 | 43.27 | 43.40 | |
| | rd | 26 Romy Brommer | DB2 | 44.93 | 47.48 | |
| | | Claretta Caravita | | Romy Brommer | | |
| | | 100m 11.86 (11.8) | | 100m 13.16 (13.1) | | |
| | | 500m 43.40 (31.6) | | 500m 47.48 (34.3) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 30 | gl | 11 Sebastiaan McKay | HSA | 40.86 | 41.53 | |
| | bl | 23 Rob Wartenhorst | H45 | 43.16 | 44.12 | |
| | | Sebastiaan McKay | | Rob Wartenhorst | | |
| | | 100m 11.18 (11.1) | | 100m 11.96 (11.9) | | |
| | | 500m 41.53 (30.4) | | 500m 44.12 (32.2) | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|------------------------|--------|------------------------|-------|--------------|------|
| 31 | wt | 31 | Menno Schaap | | HN1 | 41.87 | 43.43 | |
| | rd | 36 | Sjouke Siersema | | HSA | 42.68 | 45.75 | |
| | | Menno Schaap | | | Sjouke Siersema | | | |
| | | 100m | 11.56 | (11.5) | 100m | 12.36 | (12.3) | |
| | | 500m | 43.43 | (31.9) | 500m | 45.75 | (33.4) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------------------|--------|-----|-------|--------------|------|
| 32 | gl | 29 | Jelle Schaap | | HB1 | 41.26 | 43.14 | |
| | bl | | | | | | | |
| | | Jelle Schaap | | | | | | |
| | | 100m | 11.41 | (11.4) | m | | | |
| | | 500m | 43.14 | (31.7) | | | | |

3. Uitslag 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 31 Menno Schaap | HN1 | 42 | O | 26.68 | PR | |
| 2 | 29 Jelle Schaap | HB1 | 42 | I | 27.07 | PR | |
| 3 | 40 Claretta Caravita | DN3 | 41 | O | 28.63 | | |
| 4 | 39 Matthe Pronk | HC1 | 39 | I | 29.65 | PR | |
| 5 | 25 Thomas van der Vaart | HC2 | 37 | O | 29.77 | PR | |
| 6 | 35 Job Zandberg | HC2 | 40 | O | 30.51 | PR | |
| 7 | 30 Dennis Schaap | HC1 | 38 | I | 30.71 | PR | |
| 8 | 41 Thijs van Tol | HB1 | 39 | O | 31.01 | | |
| 9 | 26 Romy Brommer | DB2 | 41 | I | 31.78 | | |
| 10 | 27 Esmée Brommer | DC1 | 40 | I | 31.98 | | |
| 11 | 15 Maartje Redder | DPA | 36 | I | 32.96 | PR | |
| 12 | 33 Sterre Kuijs | DPA | 38 | O | 33.57 | PR | |
| 13 | 14 Jurre Redder | HPC | 37 | I | 35.14 | | |
| 14 | 34 Iris Kuijs | DC1 | 35 | I | 35.30 | PR | |
| 15 | 38 Donna Pronk | DPA | 35 | O | 35.85 | PR | |
| 16 | 9 Jari Roozing | HC1 | 34 | O | 36.01 | PR | |
| 17 | 28 Jasper Stam | HPC | 36 | O | 36.03 | | |
| 18 | 6 Rens Groot | HPD | 34 | I | 41.47 | | |
| 19 | 37 Lucas Pronk | HPC | 33 | O | 41.84 | PR | |
| 20 | 16 Femke Van der Fluit | DPD | 33 | I | 49.04 | | |

3. Rituitslag 300 meter

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------------------------|----------------------------|--------|--------------------|-------|--------------|------|--|
| 33 | wt | 16 | Femke Van der Fluit | | DPD | 48.73 | 49.04 | | |
| | rd | 37 | Lucas Pronk | | HPC | 44.12 | 41.84 | PR | |
| | | <u>Femke Van der Fluit</u> | | | <u>Lucas Pronk</u> | | | | |
| | | 300m | 49.04 | (49.0) | 300m | 41.84 | (41.8) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------|---------------------|--------|---------------------|-------|--------------|------|--|
| 34 | gl | 6 | Rens Groot | | HPD | 40.91 | 41.47 | | |
| | bl | 9 | Jari Roozing | | HC1 | 37.72 | 36.01 | PR | |
| | | <u>Rens Groot</u> | | | <u>Jari Roozing</u> | | | | |
| | | 300m | 41.47 | (41.4) | 300m | 36.01 | (36.0) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------|--------------------|--------|--------------------|-------|--------------|------|--|
| 35 | wt | 34 | Iris Kuijs | | DC1 | 35.83 | 35.30 | PR | |
| | rd | 38 | Donna Pronk | | DPA | 36.07 | 35.85 | PR | |
| | | <u>Iris Kuijs</u> | | | <u>Donna Pronk</u> | | | | |
| | | 300m | 35.30 | (35.3) | 300m | 35.85 | (35.8) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|--------|--------------------|-------|--------------|------|--|
| 36 | gl | 15 | Maartje Redder | | DPA | 34.64 | 32.96 | PR | |
| | bl | 28 | Jasper Stam | | HPC | 35.18 | 36.03 | | |
| | | <u>Maartje Redder</u> | | | <u>Jasper Stam</u> | | | | |
| | | 300m | 32.96 | (32.9) | 300m | 36.03 | (36.0) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------|-----------------------------|--------|-----------------------------|-------|--------------|------|--|
| 37 | wt | 14 | Jurre Redder | | HPC | 34.50 | 35.14 | | |
| | rd | 25 | Thomas van der Vaart | | HC2 | 31.55 | 29.77 | PR | |
| | | <u>Jurre Redder</u> | | | <u>Thomas van der Vaart</u> | | | | |
| | | 300m | 35.14 | (35.1) | 300m | 29.77 | (29.7) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|--------------|---------------------|--------------|------|
| 38 | gl | 30 Dennis Schaap | HC1 | 32.71 | 30.71 | PR |
| | bl | 33 Sterre Kuijs | DPA | 33.80 | 33.57 | PR |
| | | <u>Dennis Schaap</u> | | <u>Sterre Kuijs</u> | | |
| | | 300m | 30.71 (30.7) | 300m | 33.57 (33.5) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|--------------|----------------------|--------------|------|
| 39 | wt | 39 Matthe Pronk | HC1 | 29.90 | 29.65 | PR |
| | rd | 41 Thijs van Tol | HB1 | 30.76 | 31.01 | |
| | | <u>Matthe Pronk</u> | | <u>Thijs van Tol</u> | | |
| | | 300m | 29.65 (29.6) | 300m | 31.01 (31.0) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|--------------|---------------------|--------------|------|
| 40 | gl | 27 Esmée Brommer | DC1 | 31.16 | 31.98 | |
| | bl | 35 Job Zandberg | HC2 | 30.52 | 30.51 | PR |
| | | <u>Esmée Brommer</u> | | <u>Job Zandberg</u> | | |
| | | 300m | 31.98 (31.9) | 300m | 30.51 (30.5) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|--------------|--------------------------|--------------|------|
| 41 | wt | 26 Romy Brommer | DB2 | 29.62 | 31.78 | |
| | rd | 40 Claretta Caravita | DN3 | 27.50 | 28.63 | |
| | | <u>Romy Brommer</u> | | <u>Claretta Caravita</u> | | |
| | | 300m | 31.78 (31.7) | 300m | 28.63 (28.6) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|--------------|---------------------|--------------|------|
| 42 | gl | 29 Jelle Schaap | HB1 | 27.88 | 27.07 | PR |
| | bl | 31 Menno Schaap | HN1 | 27.08 | 26.68 | PR |
| | | <u>Jelle Schaap</u> | | <u>Menno Schaap</u> | | |
| | | 300m | 27.07 (27.0) | 300m | 26.68 (26.6) | |

4. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|---------|------|--------|
| 1 | 42 Freek Smit | HB2 | 45 | I | 2:14.14 | | |
| 2 | 24 Richard Smit | H45 | 46 | O | 2:14.65 | PR | |
| 3 | 36 Sjouke Siersema | HSA | 46 | I | 2:23.92 | | |
| 4 | 44 Johan Jonker | H60 | 45 | O | 2:29.81 | | |
| 5 | 8 Ilse Donker | DA1 | 43 | I | 2:47.04 | PR | |
| 6 | 45 Nico Komen | H60 | 43 | O | 2:49.41 | | |
| 7 | 43 Iris Wagenaar | DA1 | 44 | O | 3:14.15 | PR | |
| | 21 Karin Sneekes-Van Essen | D45 | 44 | I | DNS | | |

4. Rituitslag 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------|----------------|-------------------|----------------|------|
| 43 | wt | 8 Ilse Donker | DA1 | 2:58.76 | 2:47.04 | PR |
| | rd | 45 Nico Komen | H60 | 2:44.32 | 2:49.41 | |
| | | <u>Ilse Donker</u> | | <u>Nico Komen</u> | | |
| | | 300m | 35.21 (35.2) | 300m | 35.89 (35.8) | |
| | | 700m | 1:16.90 (41.7) | 700m | 1:17.37 (41.5) | |
| | | 1100m | 2:00.77 (43.8) | 1100m | 2:02.08 (44.7) | |
| | | 1500m | 2:47.04 (46.3) | 1500m | 2:49.41 (47.4) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------------|-----|----------------------|----------------|------|
| 44 | gl | 21 Karin Sneekes-Van Essen | D45 | 2:47.70 | DNS | |
| | bl | 43 Iris Wagenaar | DA1 | 3:15.78 | 3:14.15 | PR |
| | | <u>Karin Sneekes-Van Essen</u> | | <u>Iris Wagenaar</u> | | |
| | | | | 300m | 42.06 (42.0) | |
| | | | | 700m | 1:31.04 (49.0) | |
| | | | | 1100m | 2:22.63 (51.6) | |
| | | | | 1500m | 3:14.15 (51.5) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|----------------|---------------------|----------------|------|
| 45 | wt | 42 Freek Smit | HB2 | 2:14.04 | 2:14.14 | |
| | rd | 44 Johan Jonker | H60 | 2:18.37 | 2:29.81 | |
| | | <u>Freek Smit</u> | | <u>Johan Jonker</u> | | |
| | | 300m | 29.35 (29.3) | 300m | 33.73 (33.7) | |
| | | 700m | 1:02.72 (33.4) | 700m | 1:10.99 (37.2) | |
| | | 1100m | 1:37.90 (35.2) | 1100m | 1:49.70 (38.8) | |
| | | 1500m | 2:14.14 (36.2) | 1500m | 2:29.81 (40.1) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|----------------|---------------------|----------------|------|
| 46 | gl | 36 Sjouke Siersema | HSA | 2:18.32 | 2:23.92 | |
| | bl | 24 Richard Smit | H45 | 2:15.79 | 2:14.65 | PR |
| | | <u>Sjouke Siersema</u> | | <u>Richard Smit</u> | | |
| | | 300m | 30.56 (30.5) | 300m | 30.33 (30.3) | |
| | | 700m | 1:06.12 (35.6) | 700m | 1:03.92 (33.6) | |
| | | 1100m | 1:44.79 (38.6) | 1100m | 1:38.96 (35.0) | |
| | | 1500m | 2:23.92 (39.2) | 1500m | 2:14.65 (35.7) | |

5. Uitslag 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|----------------|------|--------|
| 1 | 11 Sebastiaan McKay | HSA | 53 | I | 1:23.68 | | |
| 2 | 29 Jelle Schaap | HB1 | 56 | I | 1:25.37 | PR | |
| 3 | 31 Menno Schaap | HN1 | 56 | O | 1:25.64 | | |
| 4 | 23 Rob Wartenhorst | H45 | 53 | O | 1:29.01 | | |
| 5 | 32 Femke Mossinkoff | DB2 | 52 | O | 1:32.25 | PR | |
| 6 | 13 Jurre Numan | HB1 | 51 | I | 1:36.08 | | |
| 7 | 3 Bram Smit | HPA | 52 | I | 1:37.73 | | |
| 8 | 41 Thijs van Tol | HB1 | 54 | O | 1:38.10 | | |
| 9 | 22 Raoul Bruijn | HB1 | 50 | O | 1:40.98 | PR | |
| 10 | 19 Bjorn Sneekes | HC2 | 50 | I | 1:41.11 | PR | |
| 11 | 2 Lisanne de Reus | DB2 | 51 | O | 1:42.04 | | |
| 12 | 12 Cees Stoop | H70 | 54 | I | 1:43.98 | | |
| 13 | 1 Myrthe de Reus | DPA | 49 | O | 1:49.33 | PR | |
| 14 | 7 Ilse Groot | DB1 | 49 | I | 1:50.47 | PR | |
| 15 | 10 Melissa de Reus | DN3 | 48 | I | 1:51.16 | | |
| 16 | 4 Thion Glasbergen | HB2 | 48 | O | 1:53.81 | | |
| 17 | 5 Nyles Glasbergen | HC2 | 47 | I | 2:06.84 | PR | |
| | 20 Richtje Taal | D70 | 47 | O | DNS | | |

5. Rituitslag 1000 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|-------|----|-------------------------|-------------------------|--------|-------------------------|---------|----------------|------|
| 47 | wt | 5 | Nyles Glasbergen | | HC2 | 2:12.44 | 2:06.84 | PR |
| | rd | 20 | Richtje Taal | | D70 | 2:09.05 | DNS | |
| | | <u>Nyles Glasbergen</u> | | | <u>Richtje Taal</u> | | | |
| | | 200m | 27.91 | (27.9) | | | | |
| | | 600m | 1:16.62 | (48.7) | | | | |
| | | 1000m | 2:06.84 | (50.2) | | | | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 48 | gl | 10 | Melissa de Reus | | DN3 | | 1:51.16 | |
| | bl | 4 | Thion Glasbergen | | HB2 | 1:50.06 | 1:53.81 | |
| | | <u>Melissa de Reus</u> | | | <u>Thion Glasbergen</u> | | | |
| | | 200m | 25.98 | (25.9) | 200m | 26.13 | (26.1) | |
| | | 600m | 1:07.60 | (41.7) | 600m | 1:09.30 | (43.2) | |
| | | 1000m | 1:51.16 | (43.5) | 1000m | 1:53.81 | (44.5) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 49 | wt | 7 | Ilse Groot | | DB1 | 1:50.94 | 1:50.47 | PR |
| | rd | 1 | Myrthe de Reus | | DPA | 1:57.54 | 1:49.33 | PR |
| | | <u>Ilse Groot</u> | | | <u>Myrthe de Reus</u> | | | |
| | | 200m | 24.23 | (24.2) | 200m | 24.43 | (24.4) | |
| | | 600m | 1:05.01 | (40.8) | 600m | 1:04.63 | (40.2) | |
| | | 1000m | 1:50.47 | (45.4) | 1000m | 1:49.33 | (44.7) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 50 | gl | 19 | Bjorn Sneekes | | HC2 | 1:45.50 | 1:41.11 | PR |
| | bl | 22 | Raoul Bruijn | | HB1 | 1:43.88 | 1:40.98 | PR |
| | | <u>Bjorn Sneekes</u> | | | <u>Raoul Bruijn</u> | | | |
| | | 200m | 23.06 | (23.0) | 200m | 22.63 | (22.6) | |
| | | 600m | 1:01.82 | (38.8) | 600m | 1:00.99 | (38.3) | |
| | | 1000m | 1:41.11 | (39.3) | 1000m | 1:40.98 | (40.0) | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|--------------------------|---------|--------|------------------------|----------------|--------|
| 51 | wt | 13 Jurre Numan | HB1 | | 1:35.24 | 1:36.08 | |
| | rd | 2 Lisanne de Reus | DB2 | | 1:39.21 | 1:42.04 | |
| | | Jurre Numan | | | Lisanne de Reus | | |
| | | 200m | 21.76 | (21.7) | 200m | 23.21 | (23.2) |
| | | 600m | 57.53 | (35.8) | 600m | 1:01.15 | (37.9) |
| | | 1000m | 1:36.08 | (38.5) | 1000m | 1:42.04 | (40.9) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------|---------|--------|-------------------------|----------------|--------|
| 52 | gl | 3 Bram Smit | HPA | | 1:36.93 | 1:37.73 | |
| | bl | 32 Femke Mossinkoff | DB2 | | 1:34.06 | 1:32.25 | PR |
| | | Bram Smit | | | Femke Mossinkoff | | |
| | | 200m | 24.18 | (24.1) | 200m | 22.41 | (22.4) |
| | | 600m | 1:00.75 | (36.6) | 600m | 57.37 | (34.9) |
| | | 1000m | 1:37.73 | (37.0) | 1000m | 1:32.25 | (34.9) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------|---------|--------|------------------------|----------------|--------|
| 53 | wt | 11 Sebastiaan McKay | HSA | | 1:21.96 | 1:23.68 | |
| | rd | 23 Rob Wartenhorst | H45 | | 1:26.61 | 1:29.01 | |
| | | Sebastiaan McKay | | | Rob Wartenhorst | | |
| | | 200m | 19.83 | (19.8) | 200m | 21.76 | (21.7) |
| | | 600m | 50.77 | (30.9) | 600m | 54.71 | (33.0) |
| | | 1000m | 1:23.68 | (32.9) | 1000m | 1:29.01 | (34.3) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|---------|--------|----------------------|----------------|--------|
| 54 | gl | 12 Cees Stoop | H70 | | 1:27.04 | 1:43.98 | |
| | bl | 41 Thijs van Tol | HB1 | | 1:34.82 | 1:38.10 | |
| | | Cees Stoop | | | Thijs van Tol | | |
| | | 200m | 24.26 | (24.2) | 200m | 23.15 | (23.1) |
| | | 600m | 1:02.85 | (38.6) | 600m | 59.62 | (36.5) |
| | | 1000m | 1:43.98 | (41.1) | 1000m | 1:38.10 | (38.5) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 55 | wt rd | | | | | |
| | | m | | | | m |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|----------------|---------|----------------|---------------------|
| 56 | gl | 29 Jelle Schaap | HB1 | 1:25.44 | 1:25.37 | PR |
| | bl | 31 Menno Schaap | HN1 | 1:25.13 | 1:25.64 | |
| | | Jelle Schaap | | | | Menno Schaap |
| | | 200m | 20.25 (20.2) | 200m | 20.46 (20.4) | |
| | | 600m | 52.69 (32.4) | 600m | 52.48 (32.0) | |
| | | 1000m | 1:25.37 (32.7) | 1000m | 1:25.64 (33.2) | |